




Small Group Guide

2.19.23 "Why We Sing"

Worship is “expressing Love” to our Heavenly Father. He wants you to express with your body what you feel in your heart. When we do this, not only does it honor him, but it also increases your joy factor.

1. What stood out to you most from this weekend’s teaching on “Why We Sing?”
2. Curt said that “Our relationship with God is one of the only relationships in our lives where we seek to separate our affection from our expression.” In what relationships do you find it easiest to express your affection? Do you find it easy or natural to express this affection as you sing, when you worship? If not, what do you think stands in the way?
3. God gives us some specifics when we come together in the environment of worship: 1) We are commanded to sing (to make a Joyful noise); 2) We are commanded to make a loud noise (Clap, sing loud songs of joy); 3) We are commanded to lift our hands. Which of these is most natural for you? Are any of these difficult?

Read: [EPHESIANS 5:19](#)

- 
4. The Apostle Paul shared how we can “borrow faith” from other believers when we are down, discouraged or lacking faith. Is there is a time when you have experienced this that you would you be willing to share with the group?

Read: [1 CORINTHIANS 14:24-25](#)

5. The Apostle Paul says your worship has the ability to help spiritually seeking individuals see that God is real among us. Is there a time when you have seen or experienced this? Anyone want to share about it?
6. What does the way you worship and walk out of the weekend service experience show – that you’re winning or defeated? What is one step you are willing to take to better reflect in your body, what your heart is feeling?