Choosing to be < TRUTHFUL > in whatever you say & do

BOTTOM LINE: When you are not truthful, you lose trust.

Read Proverbs 8:8

## Honest or Dishonest

This month we are talking all about honesty. Honesty is choosing to be truthful in whatever you say or do. Now, grab a partner and play a game called, "Honest or Dishonest." All players need to think of one honest statement and one dishonest statement to share. When it is your turn, you give your two statements and the others have to guess which one is honest and which one is dishonest. Go back and forth playing this game a few rounds.

#### Example:

1: I go to school. 2: I have a pet unicorn.

Number I is true and number 2 is (unfortunately) false.

KNOW that people can trust you when you're honest.

### Honest Action

With the help of an adult look up this week's Bible verse, Proverbs 8:8. Make up motions to go with the words. You can make motions like thumbs up for the word honest or twist your arms together for the word twisted.

THANK God for giving us His word so that we can learn about honesty.

# Honesty is the Best Policy

Grab a writing utensil and fill out the Honesty Policy below!

will try my hardest to be honest with those around me. I will speak truth and kindness. I will not be dishonest in my words or actions. From this day on: \_ until forever.

Signed,

After you have signed your Honesty Policy cut out this box and post it in a place you will be reminded every day to be honest.

ASK God to give you opportunities to practice honesty with family and friends.

#### Losing Trust

Once you lose someone's trust, it is very hard to get the relationship back the way that it was. To visualize what this is like, let's do the activity below.

Grab one bowl and one cup of water. Hold your hands together over the bowl of water and have someone pour a cup of water into your hands until it starts to pour over the sides of your hands into the bowl. Imagine the water that started in your hands is like the trust you have with people, but when you are dishonest it's like the water that pours out, you lose some of that trust. Even if you try to scoop water back into your hands, it will never be exactly the same water that was in it the first time. Once you lose trust, it is hard to get it back the same way it was before.

LOOK for ways you can keep others trust by always telling the truth.

