K-1st

Waiting until later for what you want now

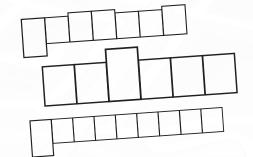
**BOTTOM LINE:** 

When you think you can't wait, think about what's true.

Read: Psalm 130:5

## Boxes of Patience

Fill in the boxes below with these words: patient, endure, persevere. Each letter gets a box.



LOOK for opportunities to be patient, endure something hard, and persevere when things get tough!

## Hide and Seek

Gather some friends or family together and play a few rounds of Hide and Seek! Practice using your patience skills while looking for your friends or being looked for! Sometimes it gets frustrating to wait and wait and wait, but remember that practicing patience helps us become better at being patient.

**ASK** God to help you be able to wait patiently for the things you want now.

## Fill up My Cup

Grab a cup and a clothespin or pencil.

Kneel over the cup with the clothespin and try and drop the clothespin into the cup from kneeling height. Once you have mastered that, try it from standing height, and then standing on a chair (with adult supervision, of course!) and drop the clothespin from the new height! This might take a few tries so be patient and have fun!

KNOW that practicing patience helps it become easier.

## Wait for the Lord

With some assistance, look up this week's Bible verse, **Psalm 130:5.** Work together so YOU can read the verse aloud. When we are just learning to read, it can possibly get frustrating. Stay patient and try your best to read this week's verse by yourself!

**THANK** God that He can help us grow in patience when we talk to Him.

