

KINDNESS

Showing others they are
valuable by how you treat them

WEEK
4

K-5TH
GRADE

READ LUKE 6:35

DAY 1

Being kind to people who are nice to us? Easy peasy. Being kind to someone who is mean to you? Hold up? Are you serious? It's not just hard—there are times it can seem downright impossible.

But here's what's cool. God has never asked us to do something He hasn't already done Himself. God has shown kindness to people who are kind, and people who are mean. He has shown kindness to people who are grateful, and people who are not thankful. His kindness to us is not dependent on our behavior, which is not only amazing, but a big relief, since we could never be good enough to earn it anyway! Take some time to think about the times you've messed up and definitely wouldn't have earned God's kindness. Then thank God for being kind anyway, and ask Him to help you be kind as He is.

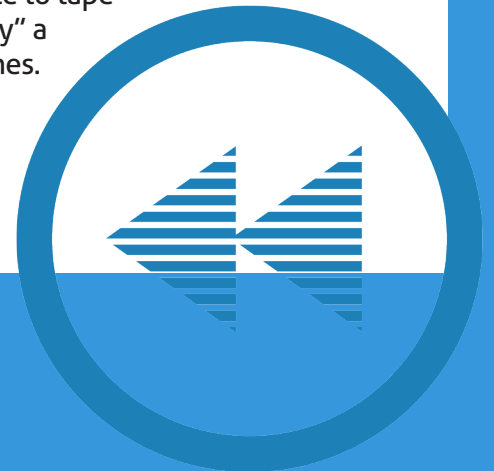
THANK God for showing you undeserved kindness.

READ 1 PETER 3:9

DAY 2

Grab a couple of sheets of blank paper and cut them into rectangles (like dollar bills). You can decorate them like money in the corners (\$). On half of the dollar bills, write down some mean things you've had said to you or mean things you've said to someone else. Find a safe place to tape the words up (bathroom mirror, refrigerator). Take the rest of the "money" and write down kind words that you could use to "pay back" the mean ones. Tape the kind words over the mean ones, and every time you see the kind words, ask God to help you use them no matter what.

KNOW that you can be kind to people who aren't kind to you.



READ ROMANS 12:14

DAY 3

When someone sneezes, we say "God bless you." That's not really hard to do. But it's a LOT harder to bless someone who has hurt you, isn't it?

Ask your parent if you can borrow a tissue box for a few days. Label the box of tissues, "Blessing Box." Every time someone hurts you, go grab a tissue and say a quick prayer, asking God to help you respond with a "bless you" (or kind words) instead. Then hold the crumpled up tissue in your hand (you can even squeeze it for some extra strength!) as you walk back and respond with kindness.

ASK God to give you the strength to respond with kindness.

READ ROMANS 12:17-21

DAY 4

In the blanks below, write the word that is opposite the word in the list.

Up _____

Yes _____

True _____

Hot _____

First _____

Left _____

Happy _____

Get _____

Sun _____

Mean _____

When someone is mean to us, the normal response is to want to be mean back. But God wants us to do the opposite actually. When someone is mean to us, He wants us to respond with kindness. That can seem strange, and it's opposite of the way the world works, but God promises us that He's got the situation under control, and we can trust Him!

KNOW that you can trust God enough to respond with kindness.

Answers (from left to right): Down, No, False, Cold, Last, Right, Sad, Give, Rain, Kind

BE KIND
to people who
aren't kind to you.

