



# COMMITMENT

MAKING A PLAN AND  
PUTTING IT INTO PRACTICE



## READ ROMANS 12:2 DAY 1

A few years ago, everyone was wearing bracelets that said "WWJD." What Would Jesus Do? While the bracelets were a fad that has passed, the idea behind them is a good one—when you're trying to figure out what to do in any situation, asking yourself what Jesus would do is a great idea! Nearly everything that Jesus did was opposite of the popular choice, so there will be times when you have to choose a different route from your friends.

Find a place to write WWJD (your hand, your notebook, the hallway mirror) so you will see it and remember to choose what Jesus would do.

**KNOW** that God's way is good and perfect.

## READ COLOSSIANS 3:17, 23

## DAY 2

When you get ready in the morning, just do half of what you normally do. Comb one side of your hair. Brush one side of your teeth. Put on one sock and one shoe.

Awkward. Right?

Now go back and go all in. Brush all of your hair, every tooth in your mouth, and lace up both sneakers.

Much better.

Living for God means going all in. It means telling all of the truth all of the time. It means doing the right thing even when no one is looking. It means being a good friend even when someone's not doing their part. It means obeying your parents all the way, not just enough to get by. Trust me, it's much better.

**ASK** God to help you go ALL in this week.

**READ MATTHEW 5:14-16**

**DAY 3**

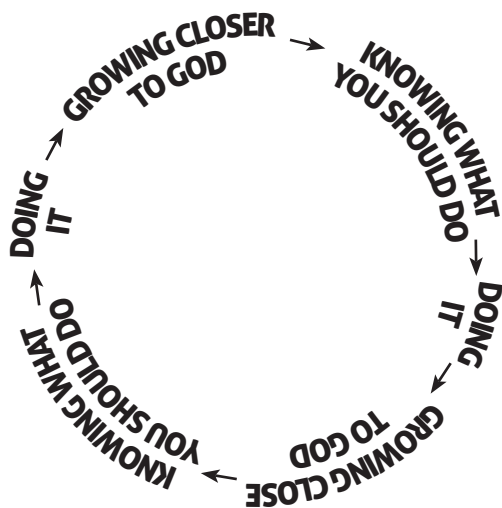
When you live your life for God, others WILL notice. And it will give you a chance to tell them about the God who made them and loves them and wants them to be a part of His family.

Find a flashlight, and then ask someone in your family to help. Turn off all the lights in the room. One of you should shine the flashlight on the wall, while the other person uses your hands to make different shapes on the wall. Make a heart because God loves us so much He sent Jesus. Make a cross because Jesus died for our sins. Make a circle like the sun because you can shine God's love to everyone. Feel free to make up your own shapes as you talk about how you can be the light of the world

**THANK** God for letting you be a part of His plan for the world by shining His light.

**READ COLOSSIANS 1:9-10**

**DAY 4**



Hop around in a circle.

With each hop, repeat each word written below in order:  
Know → Do → Grow → Know → Do → Grow

It actually gets easier, you know! The more you dig into God's word and see His wisdom, the more you will want to do what He wants you to do. And when you do that—follow His way—the closer you will grow in your relationship with Him. And the closer you grow to God, the easier it is to know what He wants you to do. You're already taking the first step just by spending time with God today. So now get out and start doing!

**LISTEN** to what God wants you to do, then do it, then watch your relationship grow!

