



COMMITMENT

MAKING A PLAN AND
PUTTING IT INTO PRACTICE



READ PROVERBS 2:1-5 DAY 1

You probably know you should do what God says. But, how do you KNOW what God is saying to you? Even King Solomon wrote in Proverbs that we have to search for God's wisdom like hidden treasure. But there are definitely some things we can do and people we can turn to to find out what God says. Find the hidden words in this puzzle and you'll be one step closer to discovering what God says!

D	P	U	I	N	A	H	U	S	H	J	B
J	S	R	D	P	A	R	S	O	N	G	S
E	B	A	I	R	Q	M	D	K	B	G	U
S	C	H	O	A	D	U	O	Y	H	O	E
I	N	P	O	Y	L	A	P	L	C	P	Y
S	C	L	B	M	H	L	I	E	A	A	N
B	H	D	E	G	B	U	E	U	I	R	O
I	U	U	R	L	N	B	I	B	L	E	C
B	R	R	O	I	R	A	Q	W	A	N	Y
S	C	Z	Y	C	P	M	O	C	O	T	S
P	H	R	V	G	O	T	H	E	R	S	P
A	M	A	S	N	L	W	C	E	M	A	H
G	Q	G	M	H	C	U	B	N	R	S	H



FIND THESE WORDS:

- PRAY
- BIBLE
- OTHERS
- CHURCH
- SONGS
- PARENTS

THANK God for giving you all you need to find out what He says.

READ PSALM 25:4-5

DAY 2

When you put your trust in God, it's not just a one-and-done type thing. You are going to need to follow God and put your hope in Him all day long, each and every day. That means you're going to need to make time in your day to check in with Him. Find a device that you can keep with you (at least when you're at home), and use it to set a few alarms to remind you to connect with God this week. Maybe set an alarm a couple of minutes earlier than you usually get up so you can take some time to read your Bible. Then set one for when you get home from school to remind you to pray. And another one closer to bedtime so you don't forget to talk to God about your day. After a few days of alarms, you'll probably find you won't even need them. Taking time to hear from God will be a part of your routine!

ASK God to help you remember to listen to Him all throughout your day.

READ PHILIPPIANS 4:8

DAY 3

Have you ever wondered what people mean when they say that God told them something? It can be hard to understand, because most people have never heard God's actual voice speaking to them out loud. But if you're really trying to hear what God says, there's an easy way to know if what you're doing is what He wants. God will never ask you to do something that is not in line with who He is. Philippians 4:8 gives us a great checklist for hearing what God is saying. If you're ever in doubt of what God wants you to do, think about these things below. If it doesn't line up with at least one of these, it may not be from God.

- | | | |
|--------------------------------|--|---|
| <input type="checkbox"/> True | <input type="checkbox"/> Lovely | <input type="checkbox"/> Worthy of praise |
| <input type="checkbox"/> Noble | <input type="checkbox"/> Worthy of respect | <input type="checkbox"/> Pure |
| <input type="checkbox"/> Right | <input type="checkbox"/> Excellent | |

LISTEN for God's voice today and then do what He says.

READ JAMES 1:22

DAY 4

Grab a family member for some help playing "Simon Says." Have them call out various exercises, like jumping jacks, sit-ups and push-ups. You have to listen closely, and only do the exercises after they say "Simon Says."

This week we've focused a lot on how to hear what God says. But it means nothing if you don't follow through and actually DO what He says. If you've ever been sick, you know how this works. You can go to the doctor and listen to everything he says to you, but if you don't go home and follow his orders, then it doesn't really matter that you went to the doctor at all! And exercise isn't going to make you stronger if you just listen to the trainer but don't do what they say. Today, make sure you're following through on everything you hear God say.

KNOW that doing what God says has value in every way.

