

# DETERMINATION

DECIDING IT'S WORTH IT  
TO FINISH WHAT YOU STARTED

K-5<sup>TH</sup> GRADE  
WEEK  
THREE

## READ EPHESIANS 6:13-18

## DAY 1

It's hard to keep going when things get tough. But the truth is that God is with you and He will give you what you need to keep going. We can stand up to evil (or the wrong things in the world around us) and do what's right. But we have to pray and ask God to "arm" us with the things we read about in these verses.

Lie down on a large piece of paper (maybe the white side of wrapping paper) and have an adult or older sibling trace your outline. Grab some markers and color in your clothes and facial features. Then draw each piece of armor from the list below and label accordingly.

Waist/Belt: "Belt of Truth"

Chest/Breastplate: "Armor of Godliness"

Feet/Sandals: "Good News of Peace"

Shield: "Shield of Faith"

Helmet: "Helmet of Salvation"

Sword: "Sword of the Spirit"

When finished, hang this on the back of your bedroom door. Each day, pray that God would "arm" you with each of these things so you can show determination and stand up for what is right.

**THANK** God for His armor that helps you to keep going with determination to do the right thing.

## READ JOSHUA 1:9

## DAY 2

God told Joshua to be strong and brave, to NOT be afraid or lose hope. Why? Because God was with him. Not just on the good days, but on the bad and frustrating and scary days too. God was with Joshua. He is with you too.

Determination is deciding it's worth it to finish what you start. It doesn't mean that everything will be perfect or easy. But the God who never breaks His promises has said He will be with you everywhere you go. So you can keep going with confidence and finish what you start because He's on your side.

All the vowels (A, E, I, O, U, and Y) are missing in the verse below. Fill them in and then repeat the verse out loud as a prayer today.

"H\_\_r\_\_ \_\_s wh\_\_t \_\_ \_\_m c\_\_mm\_\_nd\_\_ng \_\_\_\_ t\_\_ d\_\_. B\_\_ str\_\_ng \_\_nd br\_\_v\_\_.  
D\_\_ n\_\_t b\_\_ \_\_fr\_\_d. D\_\_ n\_\_t l\_\_s\_\_ h\_\_p\_\_. \_\_ \_\_m th\_\_ L\_\_rd \_\_\_\_r G\_\_d. \_\_  
w\_\_ll b\_\_ w\_\_th \_\_\_\_ \_\_v\_\_r\_\_wh\_\_r\_\_ \_\_\_\_ g\_\_." J\_\_sh\_\_ 1:9

**ASK** God to help you keep going as you trust that He is with you.

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## READ PSALM 31:24

DAY 3

Have you ever worked hard to learn a new skill? Are you keeping up with your determination calendar from Week 1? How many squares have you crossed out? Has this tool helped keep you on track? Why or why not?

The only difference between someone who accomplishes a goal and someone who doesn't is determination. But it's not just about you and your own ability. Real determination involves a reliance on a great BIG God. You can be strong and keep going when you put your hope in the Lord. And even if you've messed up in the past, you can still get up and try again because God is on your side. When you face a big job, you can remember that God will give you what you need to keep going.

This week, when you're tempted to say, "I can't," remember that God is on your side. Instead of saying, "I can't," stop yourself and say, "with God's help, I can."

**LOOK** for opportunities to say, "With God's help, I can," this week.

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## READ ISAIAH 41:10

DAY 4

Being determined to complete a BIG project or reach a goal is like a maze. Sometimes you might hit a dead end and want to quit. When that happens, you have to remember that God will give you what you need to change directions and keep going. He will hold you safe in His strong hands. You can trust and believe, even when you hit a dead end, that God gives you what you need to keep going.

**KNOW** that when you get stuck, God will give you what you need to keep going.

