

CONVICTION

STANDING FOR WHAT IS RIGHT EVEN WHEN OTHERS DON'T.

PROVERBS 20:7

DAY 1

Do you know what a habit is? A habit is any regularly repeated behavior. Many of us have lots of different habits, we do without even thinking about them. Some – like always brushing your teeth before bed – are good habits. And some – like biting your nails when you're nervous – are bad ones. Daniel lived his whole life with conviction. Doing the right thing was almost like a habit for him.

And guess what? Daniel's habit kept him safe over and over again. And the same can be true for you. The choices you make today have the power to set you up for success in the future. You see, getting in the habit of doing the right thing now will help you as you grow.

Talk to a trusted grown up about your choice to stand up for what is right. Discuss how that choice will protect you and keep you safe in the future, just like Daniel's choices protected him.

THANK God for helping you to get in the habit of doing what is right.

PROVERBS 16:3

DAY 2

Did you know that forming a new habit takes about 21 days? That's almost a month! But once you get in the routine, before you know it, completing that habit becomes easier and easier. The more you practice conviction, the easier it will become. And you don't have to go at it all alone. Today's verse tells us God will help us make the right choices.

Find an index card. Write down the words of this verse and put it next to your toothbrush. As you brush your teeth, repeat the words of this verse. When you finish saying the verse, turn the card over and make a mark on the back. Repeat this each day until you have 21 marks on the back of your card.

ASK God to help you commit every part of your day to Him as you get in the habit of doing the right thing.



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PROVERBS 13:6

DAY 3

How is your habit challenge going? Have you been repeating the words of your verse from yesterday? Remember, a habit is any regularly repeated behavior. God wants us to get in the habit of doing the RIGHT thing. Standing with conviction takes practice. And as today's verse tells us, when we do the right thing, it protects us.

So, to keep up with our challenge, let's add another verse. Find another index card, write out the words from Proverbs 13:6 on the front and place it in the kitchen by where you eat breakfast. Tomorrow, as you sit down to your bowl of cereal, repeat the words of the verse. Then be sure to turn the card over and record your progress by making a mark on the back. Challenge yourself to repeat this verse 21 times, making a mark each time, until you have it memorized. Are you up for this "habit forming" challenge?

LOOK for ways to do the right thing so that you will be safe from harm this week.

PROVERBS 12:28

DAY 4

How's your "habit forming challenge" going? Pretty soon you won't need to look at the cards because you'll have the verse memorized. Hopefully it will become easier and easier to stand up with conviction and get in the habit of doing the right thing.

Let's add one more verse to your challenge this week. Write Proverbs 12:28 on a third index card and put it with your clothes or shoes. As you're getting dressed for the day, repeat the words of the verse and then make a mark on the back. Same rules from before apply. Try to repeat the challenge 21 times to help you form the habit of doing the right thing as you memorize God's word. As you put on your shoes, remember that doing the right thing always leads you in the right direction.

KNOW that God will always guide you along the safest path when you get in the habit of doing the right thing.

**GET IN THE HABIT
OF STANDING FOR
WHAT'S RIGHT.**