



HONESTY

Choosing to be
truthful in whatever
you say and do.

WEEK
ONE

READ PROVERBS 10:9

DAY 1

This month is all about honesty – choosing to be truthful in whatever you say and do. This is hard to do, isn't it? But the REAL truth is that lying ultimately hurts you. This verse gives us something important to think about: When you are truthful, you walk in safety. But when you are dishonest, your path becomes crooked. It's better to be truthful from the very beginning. Because being truthful really does help you stay out of trouble.

Find some index cards or scraps of paper – you'll need eighteen. Write one word from Proverbs 10:9 on each card and number each card. Scatter the cards all over the floor and try to jump from one card to the next without touching the floor. Can you make it without tripping? It's hard, isn't it? Try again. Still not easy. Now, place the cards in number order in a straight path and step on them in order. That's a lot easier. Remember, honesty leads to safety and keeps you out of trouble.

THANK God for reminding you how important it is to be honest in all you say and do.

READ PROVERBS 11:3

DAY 2

Have your mom and dad used a GPS navigation system when they take a long car trip? Or, have you ever consulted a map at a park or shopping center? It helps to have someone or something to guide you when you aren't sure where to go or what to do, doesn't it?

Honesty is like a map that can guide you through life. When you choose to live with honesty and integrity, it will lead you in the right direction. Telling the truth and doing the right thing, even when no one else is looking, will keep you out of trouble.

Let's try something fun to remind you of this verse. Find something that's a treasure to you. It could be a favorite sports medal or a special rock or jewel. Hide your treasure. Then create a treasure map to guide someone to find it. Once you're finished, ask a friend or family member to use your map and hunt for the treasure. Tell them about how honesty can guide you in life.

ASK God to help you be guided by honesty this week.



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READ ISAIAH 33:15A

DAY 3

When do you have the most trouble with honesty? Is it when you're afraid you'll get in trouble? Let's say you didn't finish your homework before going out to play. When your mom asks you about it, are you tempted to lie so you can keep playing? Or what if you're bouncing a ball in the house and you break a light? Instead of fessing up, do you ever think about blaming your brother so you don't get punished?

In each of these situations, eventually you're gonna get hurt. Sure, you might avoid punishment at first, but incomplete homework and an angry younger brother will hurt you sooner or later! That's why it's better to tell the truth from the very beginning, because honesty ultimately protects you.

Finish the scenarios below. What might happen in each situation if you lie? What might happen if you tell the truth?

You borrow your brother's brand new sweatshirt and ruin it. When he asks you about it you ...

Your friend asks if you can play. You don't want to so you ...

You want to eat more dessert and your mom just left the room to help your little brother. So you ...

LOOK for ways to do what is right, to be honest and tell the truth this week.

READ PSALM 15:1-2

DAY 4

Have you ever thought it would be cool to know God better? This verse teaches us that a great way to start knowing God is by speaking truth and doing what's right.

But how can we live in honesty? Choosing not to cheat in a game when no one is looking. How about stopping yourself from eating the last cookie when you're the only one in the kitchen. Almost every minute of the day is a chance to choose to live honestly.

Remember, honesty isn't just about the words you say. It's also about the way you live your life. Set a timer for one minute and try to list some ways you can live honestly this week. If you need to, ask a grown up to help you.

KNOW that God wants you to choose a life of integrity all the time.

**BEING TRUTHFUL HELPS YOU
STAY OUT OF TROUBLE**



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