



## HUMILITY

Putting others first  
by giving up what  
you think you deserve.

### MEMORY VERSE

"Don't do anything only to get ahead. Don't do it because you are proud. Instead, be free of pride. Think of others as better than yourselves."  
Philippians 2:3, NIV

#### WEEK 1:

Jesus Washes the Disciples' Feet  
*John 13:1-17*

BOTTOM LINE:

I can put others first by serving them.

#### WEEK 2:

Jesus is Arrested and  
Heals the Servant's Ear  
*John 18:1-11*

BOTTOM LINE:

I can put others first by letting go of  
what I want.

#### WEEK 3:

Jesus is Crucified, Buried, and  
Resurrected  
*John 18:12 – 20:23*  
(with *Philippians 2:3-8*)

BOTTOM LINE:

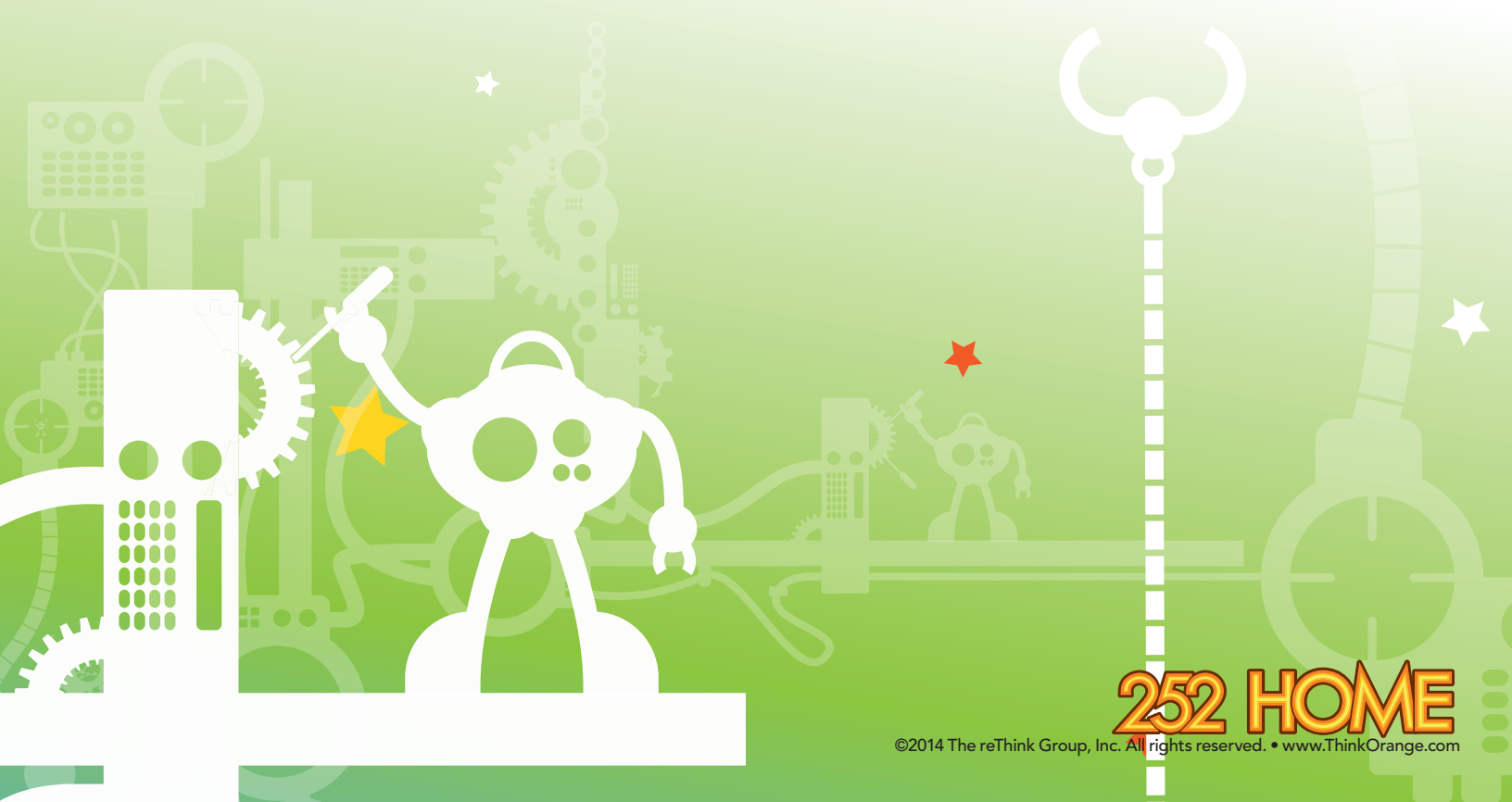
I should put others first because  
Jesus put others first.

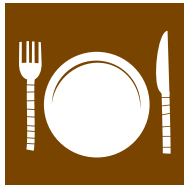
#### WEEK 4:

Jesus Restores Peter  
*John 21:1-19*

BOTTOM LINE:

I can put others first by making  
things right.





### MEAL TIME

#### WEEK 1:

**Ask a kid:** Do you think it would be harder to put your sibling or best friend first?

**Ask a parent:** How is serving others a great quality of a leader?

#### WEEK 2:

**Ask a kid:** Whom can you put first when you make decisions?

**Ask a parent:** Who in your life put you first? What did it cost them to put you first?

#### WEEK 3:

**Ask a kid:** If you do something to put others first, is it showing humility more to tell lots of people about it, or to keep it to yourself?

**Ask a parent:** Who inspires you to live out humility?

#### WEEK 4:

**Ask a kid:** What have your parents or grandparents done to put your needs first?

**Ask a parent:** Talk to your child about the early days of taking care of their needs—the sleep deprivation, the crying. Then share why you were willing to put their needs first.



### PARENT TIME

As parents, we have plenty of practice putting other people's needs above our own. So often my kid's need for a ride to practice or help with homework trumps my need to finish a project or connect with a friend. And—most of the time—we're okay with that. We have compassion on these little people in our lives and know that our time with them is precious and fleeting.

But then there are other times. Times when we're stressed, emotionally drained, or just in a bad mood. In those times, it is much harder to practice humility and patiently care for others. In this month's Parent CUE Live podcast, we'll discuss 6 strategies for helping us get a bad day back on track. Download the podcast on [www.OrangeParents.org](http://www.OrangeParents.org).

Also check out [www.Studio252.tv](http://www.Studio252.tv) and the Parent CUE App for your smartphone.