

WEEK  
ONE

# BE THE ONE WHO KEEPS DOING

## READ Genesis 6:9b

Day 1

Make a long, straight line on the floor with masking tape or a jumprope. Grab a parent or sibling and take turns blindfolding each other and trying to walk on the straight line without falling or veering away. See who can get the furthest before stepping off.

Now try to walk the path again, but this time, take turns leading the blindfolded person down the path. It's a lot easier to stay on track and keep going when you're following someone who can see!

Noah had to keep working hard and stay the course as he built the ark, even though he couldn't possibly know or really understand what God was doing. Even though he couldn't see the future, Noah trusted that God had things under control, so Noah was able walk the path God laid out for him.

**THANK** God for giving us examples of determination like Noah.

# WHAT'S RIGHT.

## READ James 4:17

Day 2

If you heard about a man who didn't build an ark, you probably wouldn't think much about it. But what if you heard about a man who God TOLD to build an ark, and he just chose not to? That changes things, doesn't it?

Often we think about sin as all the things we do wrong. But if we know God has told us to do something and we don't do it, that's sin as well. Sometimes doing the right thing is harder than not doing the wrong thing! Think about how hard it must have been for Noah to get up every day and know that he was going to spend it building a big boat, while others probably laughed at him.

Think of someone in your life who is like Noah. Who do you know that almost always chooses to do the right thing, even when it's hard and no one else is doing it?

Write their name here: \_\_\_\_\_.

Now write that person a quick note or email, or even better, find them and thank them for their determination to do the right thing and for setting an example for you.

**ASK** God to help you not just avoid the wrong things, but also to do the right things.

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## READ Proverbs 24:16

Day 3

Have you ever fallen down seven times in a row? It's hard to imagine getting up after you've been knocked down that much. But when you're determined to do the right thing, whether it's seven or 70 times that you mess up or bite it, you'll get right back up and try some more.

Challenge someone today to a game of thumb war. Pick someone who you think will be hard to beat. See how many times you have to play before you win. Think about the determination it takes to keep playing something that you keep losing at. But every time you try again, you get stronger and prove that you've decided to finish what you started.

**LOOK** for examples of determination throughout your day today and ask God to help you finish what you start too.

WHAT'S RIGHT.

## READ Romans 12:21

Day 4

Sometimes it may seem like you're the only one who's doing the right thing. And if you're the only one doing the right thing, why does it even matter? The good news is that doing the right thing does add up, making a big difference in the long run.

Grab a small flashlight and walk around until you find the darkest spot in your house. Sit down with the flashlight off, and look for any signs of light. Maybe you see light shining from the outside in the crack under a door, through the window blinds, or on a blinking clock. Now turn on your flashlight. It really makes a BIG difference in the dark room, doesn't it? Even a little light is stronger than a lot of dark!

**KNOW** that you can change the world by shining your light, so don't give up.