

# EPIC

AN ADVENTURE OF LOVE AND TRUST  
AND HOW IT CHANGED THE WORLD

WEEK 4

DAY 1

## READ PROVERBS 10:12

Have you ever had a paper cut? Even though it's a tiny cut, it can really hurt, can't it? The best thing you can do is put medicine and a Band-Aid® on the cut—it will protect it from dirt and infection, and even speed up the healing process.

If someone hurts you and you try to get even or begin to hate them in your heart, do you know what will happen? You will make the situation even bigger and more painful, like rubbing dirt in an open cut. But what happens if you choose love? Love will cover all the wrongs and make things feel better, just like a band-aid.

Go find a Band-Aid and keep it nearby. The next time someone does something to hurt you, put the Band-Aid on your finger as a reminder to cover up their mistakes with love.

**THANK** God for loving you enough to cover up ALL of your sins.

DAY 2

## READ 1 CORINTHIANS 13:4-7

Have you ever messed up and written on a dry erase board with a permanent marker? Or accidentally gotten permanent marker on something and not been able to get it off? It's really frustrating, because you know that it will never go back to the way it was

We often do that to each other—when someone hurts us or does something wrong, we keep a record of it. It's as though we wrote it in permanent marker in our minds. Being honest about how it hurts isn't a bad thing, but we have to be willing to erase the record and wipe the slate clean if we want to love others like Jesus asked us to!

Is there someone in your life who has hurt you and you've never wiped the slate clean and forgiven them? Pray and ask God to help you forgive that person and wipe away the record you were keeping. (That doesn't mean that you think what they did was right.)

**ASK** God to help you to get rid of any mental records you've been keeping of how others have hurt you.



GOD TIME™ 252 HOME

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DAY 3

## READ 1 PETER 4:8

Did you know that some blankets can put out fires? Special ones called fire blankets are used to throw on small fires or wrap around someone who is on fire to put it out. The larger the blanket, the bigger the fire it can put out.

Love can be like a fire blanket, covering up and getting rid of all the wrong things that someone has done to you. It is not easy to put out a fire, and it's not easy to forgive, but both are important if we want to live whole and healthy lives!

Find the biggest blanket you can and wrap up in it. Remember that the love that Jesus offers is bigger than any blanket in the world. Pray and ask God to help you offer a blanket of love to anyone who hurts you. Every time you see that blanket, ask yourself if there's anyone you need to forgive today.

**LOOK** for ways to "blanket" others with love and forgiveness.

DAY 4

## READ 2 TIMOTHY 2:23-24

Do you know how to play "thumb war"? Get a parent or sibling to play a couple of times with you. If there's no clear winner, then move on to arm wrestling. If you can't tell who won arm wrestling, then ... well, stop. After all, we don't want anyone to get hurt!

A little game of thumb war or even arm wrestling is pretty harmless, but we need to remember that little things often grow into big things. A little fight with your best friend over who is the best gamer or who has the coolest shoes could end with you guys not speaking to each other. If we're not careful, we can get caught up in silly arguments that grow to big fights which divide us and get in the way of our friendships. If we aren't willing to forgive others, God can't use us the way He wants us to. And He wants to use us for great things, showing His love to the world!

The next time someone hurts your feelings or makes you mad, try to forgive them immediately and see how much better you feel right away!

**KNOW** that in order to love others, you have to forgive others.