week 4

read matthew 28:20

Do you have a stuffed animal, blanket, or night light that you keep with you at night? Or maybe you did when you were younger? Go grab it right now.

When it's dark and you can't see anything, sometimes you might feel scared or wonder if bad things are going to happen. There's great news: Jesus is always with you! It was probably pretty dark inside the tomb, but GREAT things came out of that time.

So the next time you get scared, whether it's night or day, remember that Jesus is always with you.

thank God for always being there!





read pralm 25:5

All day long—that's how long we can have hope in Jesus. All day, every day. But to keep our hope in Jesus, we need to stay focused on His truth all the time. You've already taken the first step by spending time with Him right now!

Another way you can keep your focus on Him is by taking time to pray throughout your day. What if you took something with you wherever you go today that keeps you focused on God—maybe your Bible or a special rock? Every time you see that object, think about God!

Q God to teach you more about Himself and His goodness.



JZZEC week 4

read isaiah 40:31

Does your life sometimes feel like a long race? Maybe you've got so much homework that you don't know how you'll finish it all. Or your week ahead looks so full of playing, practice, soccer games, and church activities that you feel tired just thinking about it. Or maybe you've been praying about a bad situation for so long—like a sick friend or a bully at school—and there's no end in sight.

If the weather's nice enough, go outside and run as long as you can. Or stay inside and do jumping jacks until you just can't do anymore. When you've been moving so fast and for so long that you have to stop and catch your breath, stop and pray to God. Thank Him that He gives you strength when you need it.

to God for strength when it feels like you just can't go on.

day 4

read isaiah 58:ll

Fill in the blanks of these things that usually go together:

Bacon and _____ _____ and pepper Cats and _____ Apples and _____ _____ and Jelly

It's hard to imagine salt without pepper, isn't it? Or a night that isn't followed by a day? Certain things just always go together. Lucky for us, Jesus always goes with us! We don't have to imagine life without Him because He's always there, guiding us and meeting our needs. We can believe that good things will come out of bad, because we know that He is always with us!

KNOW that Jesus is always there to guide your steps.