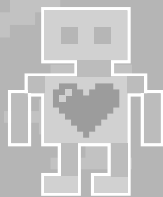


## LIFE APP



WHAT GOD IS DOING IN YOU  
TO CHANGE THE WORLD  
AROUND YOU

**BOTTOM LINE:** Choose joy no matter what's going on.

Read Romans 15:13

DAY  
1

## Joy Filled Face

Grab something to draw with and a paper plate! If you don't have a paper plate, cut a large circle out of some paper. On your plate, draw the best happy face that you can. Use that plate as an adult reads the statements below aloud to you. If it is something that would bring you joy, put your happy plate over your face and say "yay!" if it doesn't bring you joy say "boo!"

- You get chosen to be the line leader for the whole day at school.
- Your friend in the neighborhood invites you over for a pool party.
- You yelled at your sibling and was told you need a time out.
- You get to choose where your family gets dessert tonight.

LOOK for ways to find joy in the big things as well at the small things.

DAY  
2

## Scrambled Joy

Unscramble the words in the story below as we review this week's Bible story.

Peter and John told everyone they could about \_\_\_\_\_ . One day, Peter healed a man who  
(usJes) couldn't \_\_\_\_\_ ! The religious leaders weren't  
(alwk) \_\_\_\_\_ . But that didn't \_\_\_\_\_ Peter and John  
(apphy) \_\_\_\_\_ (tsop) from talking about Jesus. When the leaders found out they didn't stop talking, they threw Peter and his friends in \_\_\_\_\_ . But an  
(nopris) \_\_\_\_\_ appeared and opened the gates of the  
(gelan) prison and told them to keep telling others about Jesus! Many people became Christians because of Jesus' \_\_\_\_\_ work!  
(frnsieds)

KNOW that telling others about Jesus is the best way to spread joy!

DAY  
3

## Perfect Joy

Grab a Bible and look up this week's Bible verse in **Romans 15:13**. Read through the verse with help from an adult. After you have read through the verse, talk about what being filled with "perfect joy" would look like! Would it be trying to smile more or being kind to your siblings? How can you be more joy filled for the rest of this week?

ASK God to teach you how to be more filled with joy this week.

DAY  
4

## Pray for Joy

Take some time and ask God to help you be more joyful in what you say and do. Pray something like this:

"Dear God, sometimes having joy in every situation is hard. Please help me to see the good and find joy in the things that happen around me even when it might be hard to do. God, help me to spread joy to others. I love You, God, amen."

